

## COPYRIGHT NOTICE



**FedUni ResearchOnline**  
<http://researchonline.federation.edu.au>

This is the peer-reviewed version of the following article:

**Molina, E., et al.** (2016) Coronary artery disease : Why we should consider the Y chromosome. *Hear Lung and Circulation*, 25(8), 791-801.

Which has been published in final form at:  
<http://doi.org/10.1016/j.ijggc.2015.12.016>

Copyright © 2016 Australian and New Zealand Society of Cardiac and Thoracic Surgeons (ANZSCTS) and the Cardiac Society of Australia and New Zealand (CSANZ). Published by Elsevier B.V. All rights reserved. This manuscript version is made available under the CC-BY-NC-ND 4.0 license <http://creativecommons.org/licenses/by-nc-nd/4.0/>

1 **CORONARY ARTERY DISEASE: WHY WE SHOULD CONSIDER THE Y CHROMOSOME**

2

3 Elsa Molina MSc, Elyse Michele Clarence BSc, Farah Ahmady BSc, Guat Siew Chew PhD, Fadi Joseph

4 Charchar, PhD

5

6 School of Applied and Biomedical Sciences, Faculty of Science and Technology, Federation University,

7 Mount Helen Campus, VIC, Australia

8

9 To whom correspondence should be addressed.

10 Prof. Fadi Charchar

11 Federation University Australia

12 Faculty of Science and Technology

13 Room YI 17, Y Building, Mount Helen Campus

14 P.O. Box 663, Mount Helen, VIC, 3353

15 Australia

16 Tel: +61 353 276 098

17 Email: [f.charchar@federation.edu.au](mailto:f.charchar@federation.edu.au)

18

19

20

21

22

23

24

25

26

27

28

29 **Abstract**

30 Coronary artery disease (CAD) is one of the leading causes of morbidity and mortality globally. In the  
31 last few years our understanding of the genetic and molecular mechanisms that promote CAD in  
32 individuals has increased with the advent of the genome era. This complex inflammatory disease has  
33 well-defined environmental risk factors however, in the last ten years, studies including genome-wide  
34 association studies (GWAS) have clearly demonstrated a genetic influence on CAD. Recently, studies  
35 on the human Y chromosome have also demonstrated that genetic variation within the male-specific  
36 region of the Y chromosome (MSY) could play a part in determining cardiovascular risk in men,  
37 confounding the notion that the increased risk for CAD in men cannot be fully explained through common  
38 CAD risk factors. Here, we review the literature about the pathophysiology of CAD, its potential causes  
39 and environmental risk factors known so far. Furthermore, we review the genetics of CAD, especially  
40 the latest discoveries regarding the implication of the Y chromosome, the most underexplored portion  
41 of the human genome to date, highlighting methods and difficulties arising in this research field, and  
42 discussing the importance of considering the Y chromosome into CAD research.

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57 Introduction

58 Coronary Artery Disease (CAD), also known as Coronary Heart Disease (CHO) or Ischaemic Heart  
59 Disease (IHD), is the most common type of cardiovascular disease and is the major cause of morbidity  
60 and mortality in the world according to the last report of the Global Burden of Disease [1,2]. Indeed,  
61 CAD disrupts the oxygen-rich blood flow to the heart, making it the first cause of 'years of life lost' in  
62 developed countries and second in developing countries after pulmonary respiratory infections.  
63 Although life expectancy has been extended in the last decade, cardiovascular disease risk  
64 substantially increases with age, creating a heavy burden of morbidity and mortality [3,4].  
65 CAD occurs when the arteries of the heart, which are known as the coronary arteries are damaged from  
66 plaques accumulating on the arterial wall. Over time, this buildup of plaques progressively hardens and  
67 narrows the blood vessels, a process known as atherosclerosis [5]. As a consequence, thrombosis of the  
68 vessels or stenosis can occur and lead to angina pectoris and / or myocardial infarction [6].  
69 Atherosclerosis is a complex inflammatory disease with well-defined environmental risk factors but  
70 those risks cannot be the only explanation; it is at that point that genetics enters in the arena. Here, we  
71 will review the latest discoveries regarding the genetics of CAD and the implication of the human Y  
72 chromosome, which is too often ignored by researchers but could potentially be the key to  
73 understanding the CAD prevalence differences between men and women.

74

75

76 Pathogenesis of CAD and common risk factors

77 As CAD is a multistep and chronic disease, the build-up of plaque occurs over many years and may  
78 start in childhood [7]. If the plaque ruptures, fragments stick to the site of the injury and may clump  
79 together to form blood clots, which can further narrow the arteries and worsen the angina. If a clot  
80 becomes large enough, it can mostly or completely block the artery resulting in a heart attack, stroke,  
81 or even sudden death [6].

82 CAD is a multifactorial and complex late-onset disease which originates from a complicated interplay  
83 of environmental and genetic factors. The environmental risk factors could influence the progression  
84 of the atherosclerotic plaque by interacting with the endothelium resulting endothelial dysfunction. The

85 latter is thought to be triggered by risk factors such as lipid disturbances (high levels of low-density  
86 lipoprotein (LDL) and low level of high density lipoprotein (HDL)),hypertension, diabetes, obesity,  
87 cigarette smoking, elevated plasma homocysteine concentrations, lack of physical activity, aging,  
88 hereditary, and sex [7,8]. Currently the pathogenesis of CAD is not fully understood with the molecular  
89 mechanisms that promote CAD in individuals affected by these environmental factors remaining  
90 unclear. We know that atherosclerosis is driven by a chronic inflammatory process, elicited in part by  
91 subendothelial lipoprotein retention and involving innate and adaptive immune responses [9]. Indeed,  
92 lipid disturbances and other risk factors are thought to cause endothelial injury resulting in monocyte  
93 adhesion and migration to the intima, as well as the release of cytokines and growth factors. These  
94 include platelet-derived growth factor (PDGF) which leads to smooth muscle cells migration to the  
95 intima and proliferation (Fig.A). The recruitment of activated macrophages and T cells into and within  
96 the atherosclerotic lesions is guided by endothelial leukocyte adhesion molecules and chemoattractants  
97 [10]. Within the intima, smooth muscle cells produce an extracellular matrix including collagen and  
98 proteoglycans. LDL particles travelling in the blood and carrying cholesterol and triglycerides from the  
99 liver to other body tissues get through the endothelium layer due to their size and their density, and  
100 become oxidised. After migration to the sub-endothelial space, monocytes differentiate into  
101 macrophages which are able to ingest oxidized-LDL, forming specialized foam cells. Macrophages are  
102 not able to process the oxidized-LDL, and ultimately grow and then rupture, depositing a greater  
103 amount of oxidized cholesterol into the artery wall. This triggers the recruitment of more monocytes,  
104 thus increasing the inflammation and continuing the cycle. This inflammation leads to subendothelial  
105 accumulation of fatty substances called atheromatous plaques [10]. Interestingly, the pathology of  
106 atherosclerosis is apparently indistinguishable and independent of the risk factor, or combination of  
107 risk factors associated with disease progression. This observation suggests that the pro-atherogenic  
108 pathways associated with each risk factor converge on a common molecular mechanism [11].  
109 Furthermore, it has been shown that the Herpes virus infection is associated with atherosclerosis [12]  
110 with cytomegalovirus infection also being a risk factor for increased arterial blood pressure, and a co-  
111 factor in aortic atherosclerosis [13]. As many as 50% of patients with atherosclerosis lack currently

112 identified risk factors, an observation suggesting that additional factors predisposing to atherosclerosis  
113 are as yet undetected [14].

114

115

## 116 **The genetics of CAD**

117 It is now well known that heritability as risk factor for CAD should not be excluded from studies into  
118 its etiology. Indeed, CAD is a highly heritable trait, with genetic and environmental factors accounting  
119 for similar proportions of individual susceptibility [15,16]. According to the Framingham Offspring  
120 Study, the age-specific incidence of CAD is increased approximately two-fold in subjects with a family  
121 history of premature disease [17]. To date, GWAS have been able to identify more than 90 genes within  
122 various chromosomes that are involved in the pathogenesis of CAD [18-27] as summarised in **Table 1**.  
123 From the protein-coding genes in Table 1, *STRING* (software version 10.0) was used to highlight the  
124 protein-protein interactions between them (**Fig.B**). As expected, one major cluster showed up with  
125 stronger associations between the proteins APOE, APOA1, APOB, LDLR, LPA, LPL and PCSK9  
126 which are all proteins involved in lipid metabolism. However, interestingly, 30% of the genes do not  
127 show any interactions, suggesting a field to be studied further in CAD. Moreover, among the genes  
128 found by GWAS (**Table 1**), it appears that majority of the risk loci harbor genes previously unknown  
129 to be involved in atherosclerosis. Indeed, only 15% of the identified CAD risk loci work through known  
130 risk factors, such as lipids and blood pressure, implying that key pathways leading to CAD are yet to  
131 be discovered [27].

132

133 In 2007, the first GWAS in relation to CAD was published, identifying what is still the most genomic  
134 susceptible locus known for CAD heritability within the intergenic non-coding region of chromosome  
135 9p21[28]. This locus contains a long non-coding ribonucleic acid (lncRNA), referred to as antisense  
136 non-coding RNA in the INK.4 locus, commonly known as ANRIL (**Table 1**), as reviewed in [29,30].  
137 So far, ANRIL is the most replicated marker of CAD, independent from the conventional risk factors  
138 and its expression is correlated with atherosclerotic lesions. This lncRNA is expressed in tissues and  
139 cell types affected by atherosclerosis, such as primary coronary smooth muscle cells, vascular

140 endothelial cells, human monocyte-derived macrophage cells and RNA extracted from carotid and  
141 arterectomy [31]. Notably, an increased expression of ANRIL transcripts was found to be directly  
142 correlated with the severity of atherosclerosis [32,33]. Subsequent studies revealed that this locus is  
143 related to a broad spectrum of vascular phenotypes, including CAD and myocardial infarction  
144 [18,34,35], coronary artery calcification [36], peripheral artery disease [37,38], and abdominal aortic  
145 aneurysm [39]. However, despite the potential importance of this lncRNA to vascular disease, the  
146 pathophysiology underlying the link between ANRIL and CAD currently remains unknown.  
147 Taking the aforementioned studies into consideration, it has been shown that the increased risk for CAD  
148 cannot be fully explained through the conventional risk factors.

149

150

#### 151 **CAD and the human Y chromosome**

152 The human Y chromosome is one of two sex chromosomes, also known as allosomes. Of all  
153 chromosomes in human genome, the haploid Y chromosome contains the smallest number of genes. To  
154 date, over 200 Y-linked genes have been identified [40] that encode about 27 distinct proteins [41,42].  
155 Its major part, the male-specific region (MSY), constitutes "95% of its length, and does not recombine  
156 with the other sex chromosome (the X chromosome) during meiosis, and is inherited as an indivisible  
157 unit from fathers to sons [41]. The fundamental biological role of the human Y chromosome is thought  
158 to impart male characteristics [43]. However, there is also data that links the Y chromosome to  
159 cardiovascular diseases. Indeed, CAD is predominately associated with males with a 3:1 ratio of men to  
160 women [44,45] with males commonly developing CAD nine years earlier than women [46]. Moreover,  
161 polysomy of the Y chromosome (XYY karyotype) was linked to increased cardiovascular mortality [47],  
162 with associations found between single nucleotide polymorphisms (SNPs) of the MSY and blood  
163 pressure, circulating concentrations of total cholesterol, LDL cholesterol, proatherogenic B-phenotype  
164 of LDL cholesterol molecules, and paternal history of coronary artery disease [48-51]. Although not all  
165 studies have replicated these associations, the accumulated evidence lends support to the notion that  
166 genetic variation within the MSY could play a part in determining cardiovascular risk in men [52, 53].

167 Due to the haploid nature of the Y chromosome, the usual methods of analysis (such as GWAS) cannot  
168 be employed to investigate variations, and this is the reason why the Y chromosome is routinely  
169 excluded from large-scale GWAS. The Y chromosome is therefore the most underexplored portion of  
170 the human genome to date. To bypass this difficulty, Charchar *et al.* [54] performed an analysis of the  
171 Y chromosome phylogenetic tree. Ibis strategy is defined by a series of biallelic SNPs which enable the  
172 MSY to be partitioned into 20 major haplogroups (non-recombining portions of DNA [55]) that descend  
173 from a common ancestor, Y-chromosomal Adam [42]. Ibis study was the first to evaluate associations  
174 between main European Y chromosome lineages and coronary artery disease, as well as its underlying  
175 risk factors. Results showed that men who inherit haplogroup I (one of the most common Y chromosome  
176 types in Europe) from their male ancestors have a 50% increased risk of developing coronary artery  
177 disease compared to men with other Y chromosome haplogroups. Ibis study also demonstrated that the  
178 effect of haplogroup I on CAD is not mediated by traditional cardiovascular risk factors (such as age,  
179 body-mass index (BMI), blood pressure, lipids, diabetes, smoking, alcohol consumption, socioeconomic  
180 status, or circulating concentrations of C-reactive protein) but might be mediated through a genetically  
181 programmed profile of immunity and response to inflammation [54]. Ibis makes haplogroup I of the Y  
182 chromosome one of the strongest common genetic risk factors of CAD known to date.

183 In order to confirm these findings and identify the causative variants underlying the increased  
184 susceptibility to CAD in carriers of haplogroup I, a total of 1988 biologically unrelated men from 4  
185 white European populations were genotyped, using 11 Y chromosome SNPs and classified into 13 of  
186 the most common European haplogroups [56]. The results of this study confirmed that haplogroup I of  
187 the Y chromosome, which has previously been linked to an increased risk of CAD, is not associated  
188 with conventional cardiovascular and metabolic risk factors in young men from the general white  
189 European population. Ibis study also showed for the first time that CAD predisposing haplogroup I of  
190 the Y chromosome is associated with the downregulation of two MSY genes; ubiquitously transcribed  
191 tetratricopeptide repeat, Y-linked gene (*UTY*) and protein kinase, Y-linked, pseudogene (*PRKY*) within  
192 macrophages. The *UTY* gene encodes a protein containing tetratricopeptide repeats, involved in protein-  
193 protein interactions. Ibis protein acts as an immune related minor histocompatibility antigen that may  
194 induce graft rejection of male stem cell grafts [41,57]. The dysregulated expression of this gene in



195 macrophages of subjects with haplogroup I may lead to increased risk of CAD (Fig.A). This is also  
196 based on an emerging role for *UTY* in both the immune system [56], haematopoiesis [58] and  
197 cardiovascular system development [59,60], which are important processes that contribute to the  
198 development of CAD [60,61]. Recently published data by Wang *et al.* [62] on the role of *UTY* revealed  
199 that it is essential for progression of cardiac development and that it associates with cardiovascular  
200 specific transcription factors to regulate downstream target genes. Data on *Uty* mutant mice by Shpargel  
201 *et al.* [63] show that *Uty* is able to regulate gene activity through demethylase independent mechanisms.  
202 Furthermore, we used *GIANT*, the new human tissue-specific network webserver [64] to highlight the  
203 potential tissue-specific functional interactions of *UTY* with protein-coding genes in macrophages  
204 (Fig.C). According to the functional network generated the data predicts that *UTY* interacts with the  
205 following genes: *DDX3Y*, *EIFIAY*, *KDM5D*, *RPS4Y1*, *USP9Y*, and *ZFY* in macrophages.  
206 Interestingly, these 6 protein-coding genes are only located on the Y chromosome. These results  
207 reinforce the idea that the Y chromosome should be considered in future works in relation to CAD. In  
208 regards to *PRKY*, no studies have yet been published in relation to its involvement in cardiovascular  
209 processes.

210

211

## 212 Concluding Perspectives

213 Despite a large advancement in our knowledge of CAD genes due to GWAS, studies regarding Y  
214 chromosome linked-genes in relation to CAD are still sparse. The involvement and function of both  
215 autosomal and sex chromosome genes in an atherosclerotic context need to be further elucidated. So far,  
216 no additional studies have been published on *PRKY* and *UTY* in humans. In mice, a study linking the Y  
217 chromosome, HDL-cholesterol levels, and *Uty* has been recently published [65]. This study confirmed  
218 the effect of the Y chromosome on plasma HDL-cholesterol levels in mice by identifying several  
219 variants associated with plasma HDL-cholesterol levels. The results notably showed that the variation  
220 rs46947134 (a nonsynonymous SNP) in *Uty* was significantly associated with plasma HDL-cholesterol  
221 levels, however, it is still unknown whether the G/C variants in mouse *Uty* are associated with these  
222 expression levels [65].

223 Despite these breakthroughs, the exact cause of atherosclerosis still remains unknown, and the biological  
224 mechanisms underlying the association between CAD and human Y chromosome remains to be  
225 discovered. Further studies should focus on functional characterization of the biological underpinnings  
226 of the association between haplogroup I and *UTYIPRKY* expression in order to fully elucidate the  
227 mechanisms of increased susceptibility to CAD amongst men with haplogroup I of the Y chromosome.  
228 This would help us to better understand the complex interplay between the human Y chromosome,  
229 immunity, and cardio vascular disease; and maybe discover new diagnostic markers and therapeutic  
230 targets for CAD in men in the future.

231

232

### 233 **Acknowledgements**

234 This work is supported by the Higher Degree Research (HOR) at Federation University Australia and  
235 the Collaborative Research Network (CRN) at Ballarat, VIC, Australia.

236

237

238

239

240

241

242

243

244

245

246

247

248

249

250

251 **References**

- 252 [1] WHO. (2015, January). *Cardiovascular diseases (CVDs), Fact sheet No 317*. Retrieved March 29,  
253 2015, from World Health Organization: <http://www.who.int/mediacentre/factsheets/fs317/en/>
- 254 [2] GBD Mortality and Causes of Death Collaborators. Global, regional, and national levels of age-sex  
255 specific all-cause and cause-specific mortality for 240 causes of death, 1990--2013: a systematic analysis  
256 for the Global Burden of Disease Study 2013. *Lancet* 2015;385: 117-71.
- 257 [3] Berthold HK, Gouni-Berthold I. Lipid-lowering drug therapy in elderly patients. *Curr Pharm Des*  
258 2011;17:877-93.
- 259 [4] Lakatta EG, Levy D. Arterial and cardiac aging: major shareholders in cardiovascular disease  
260 enterprises: Part I: aging arteries: a "set up" for vascular disease. *Circulation* 2003;107: 139-146.
- 261 [5] Sakakura K, Nakano M, Otsuka F, Ladich E, Kolodgie FD, Virmani R. Pathophysiology of  
262 atherosclerosis plaque progression. *Heart Lung Circ.* 2013; 22: 399-411.
- 263 [6] Roger VL, Go AS, Lloyd-Jones DM, Benjamin EJ, Berry JD, Borden WB, et al. Heart Disease and  
264 Stroke Statistics: A Report From the American Heart Association. *Circulation* 2012;125:e2-e220.doi:  
265 10.1161.
- 266 [7] Heart Foundation. (n.d.). *Data and statistics*. (Heart Foundation) Retrieved April I, 2015, from  
267 HeartFoundation:[http://www.hearifoundation.org.au/information:for-professionals/data-](http://www.hearifoundation.org.au/information:for-professionals/data-andstatistics/Pages/default.aspx)  
268 [andstatistics/Pages/default.aspx](http://www.hearifoundation.org.au/information:for-professionals/data-andstatistics/Pages/default.aspx).
- 269 [8] Netter's Cardiology, 2e (Netter Clinical Science) 2nd Edition by Marschall S.Runge (Editor), George  
270 A. Stouffer (Editor), Cam Patterson (Editor), Frank H. Netter (Illustrator) Aug.IO, 2010
- 271 [9] Williams KJ, Tabas I. The Response-to-Retention Hypothesis of Early Atherogenesis. *Arterioscler*  
272 *Thromb Vase Biol* 1995;15:551-61.
- 273 [10] Kumar V, Abbas AK, Kausto N. *Pathologic Basis of Disease*. 7th ed. Eds. Robbins and  
274 Cotran;2005.
- 275 [II] Zeadin MG, Petlura CI, Werstuck GH. Molecular Mechanisms Linking Diabetes to the Accelerated  
276 Development of Atherosclerosis. *Can J Diabetes* 2013;37:345-50.

277 [12] Hsu HY, Nicholson AC, Pomerantz KB, Kaner RJ, Hajjar DP. Altered cholesterol trafficking in  
278 herpesvirus-infected arterial cells. Evidence for viral protein kinase-mediated cholesterol accumulation.  
279 J Biol Chem 1995;270:19630--7.

280 [13] Cheng J, Ke Q, Jin Z, Wang H, Kocher O, Morgan JP, et al. Cytomegalovirus Infection Causes an  
281 Increase of Arterial Blood Pressure. PLoS Pathog 2009;5:doi:10.1371.

282 [14] Genco CA, Gibson FC. Infection and Atherogenesis, edited by Joseph Loscalzo. Molecular  
283 Mechanisms of Atherosclerosis. Eds. Taylor & Francis; 2005.Chap.13.

284 [15] Stylianou IM, Bauer RC, Reilly MP, Rader DJ. Genetic basis of atherosclerosis: insights from mice  
285 and humans. Circ Res 2012;110:337-355.

286 [16] Kathiresan S, Srivastava D. Genetics of human cardiovascular disease. Cell 2012;148:1242-1257.

287 [17] Lloyd-Jones DM, Nam BH, D'Agostino RB, Sr, Levy D, Murabito JM, Wang TJ, et al. Parental  
288 cardiovascular disease as a risk factor for cardiovascular disease in middle-aged adults a prospective  
289 study of parents and offspring. JAMA 2004;291:2204-11.

290 [18] Zdravkovic S, Wienke A, Pedersen NL, Marenberg ME, Yashin AI, De Faire U. Heritability of death  
291 from coronary heart disease: a 36-year follow-up of 20 966 Swedish twins. J Intern Med 2002;252:247-  
292 254.

293 [19] Clarke R, Peden JF, Hopewell JC, Kyriakou T, Goel A, Health SC, et al. (2009) Genetic variants  
294 associated with Lp(a) lipoprotein level and coronary disease. N Engl J Med 2009;361:2518--2528.

295 [20] Soranzo N, Spector TD, Mangino M, Kiihnel B, Rendon A, Teumer A, et al. A genome-wide meta-  
296 analysis identifies 22 loci associated with eight hematological parameters in the HaemGen consortium.  
297 Nat Genet 2009;41: 1182-1190.

298 [21] Butterworth AS, Braund PS, Farrall M, Hardwick RJ, Saleheen D, Peden JF, et al. Large-scale  
299 gene-centric analysis identifies novel variants for coronary artery disease. PLoS Genet  
300 2011;7:e1002260.

301 [22] Peden JF, Hopewell JC, Saleheen D, Chambers JC, Hager J, Soranzo N, et al. A genome-wide  
302 association study in Europeans and South Asians identifies five new loci for coronary artery disease.  
303 Nat Genet 2011;43:339-44.

304 [23] Peden JF, Farrall M. Thirty-five common variants for coronary artery disease: the fruits of much  
305 collaborative labour. *Hum Mol Genet* 2011;20:198-205.

306 [24] Schunkert H, Konig IR, Kathiresan S, Reilly MP, Assimes TL, Holm H, et al. Large-scale  
307 association analysis identifies 13 new susceptibility loci for coronary artery disease. *Nat Genet*  
308 2011;43:333-338.

309 [25] Lu X, Wang L, Chen S, He L, Yang X, Shi Y, et al. Genome-wide association study in Han Chinese  
310 identifies four new susceptibility loci for coronary artery disease. *Nat Genet* 2012;44:890--894.

311 [26] Roberts R, Stewart AF. Genes and Coronary Artery Disease: Where Are We? *J Am Coll Cardiol*  
312 2012;60:1715-1721.

313 [27] Ruth McPherson. Genome-Wide Association Studies of Cardiovascular Disease in European and  
314 Non-European Populations. *Curr Genet Med Rep* 2014;2:1-12.

315 [28] McPherson R, Pertsemlidis A, Kavaslar N, Stewart A, Roberts R, Cox DR, et al. A common allele  
316 on chromosome 9 associated with coronary heart disease. *Science* 2007;316:1488--1491.

317 [29] Holdt LM, Teupser D. Recent studies of the human chromosome 9p21 locus, which is associated  
318 with atherosclerosis in human populations. *Arterioscler Thromb Vase Biol* 2012;32:196-206.

319 [30] Congrains A, Kamide K, Ohishi M, Rakugi H. ANRIL: molecular mechanisms and implications in  
320 human health. *Int J Mol Sci* 2013;14:1278-1292.

321 [31] Broadbent HM, Peden JF, Lorkowski S, Goel A, Ongen H, Green F, et al. PROCARDIS  
322 consortium. Susceptibility to coronary artery disease and diabetes is encoded by distinct, tightly linked  
323 SNPs in the ANRIL locus on chromosome 9p. *Hum Mol Genet* 2008;17:806-814.

324 [32] Holdt LM, Beutner F, Scholz M, Gielen S, Gabel G, Bergert H, et al. ANRIL expression is  
325 associated with atherosclerosis risk at chromosome 9p21. *Arterioscler Thromb Vase Biol* 2010;30:620--  
326 627.

327 [33] Schonrock N, Harvey RP, Mattick JS. Long noncoding RNAs in cardiac development and  
328 pathophysiology. *Circ Res* 2012;10:1349-62.

329 [34] Samani NJ, Erdmann J, Hall AS, Hengstenberg C, Mangino M, Mayer B, et al. WTCCC and the  
330 Cardiogenics Consortium. Genomewide association analysis of coronary artery disease. *N Engl J Med*  
331 2007;357:443-453.

332 [35] Helgadóttir A, Thorleifsson G, Manolescu A, Gretarsdóttir S, Bionda! T, Jonasdóttir A, et al. A  
333 common variant on chromosome 9p21 affects the risk of myocardial infarction. *Science* 2007;316:1491-  
334 1493.

335 [36] O'Donnell CJ, Kavousi M, Smith AV, Kardia SL, Feitosa MF, Hwang SJ, et al. CARDioGRAM  
336 Consortium. Genome-wide association study for coronary artery calcification with follow-up in  
337 myocardial infarction. *Circulation* 2011;124:2855-2864.

338 [37] Cluett C, McDermott MM, Guralnik J, Ferrucci L, Bandinelli S, Miljkovic I, et al. The 9p21  
339 myocardial infarction risk allele increases risk of peripheral artery disease in older people. *Circ*  
340 *Cardiovasc Genet* 2009;2:347-353.

341 [38] Murabito JM, White CC, Kavousi M, Sun YV, Feitosa MF, Nambi V, et al. Association between  
342 chromosome 9p21 variants and the ankle-brachial index identified by a meta-analysis of 21 genome-  
343 wide association studies. *Circ Cardiovasc Genet* 2012;5:100--112.

344 [39] Helgadóttir A, Thorleifsson G, Magnusson KP, Gretarsdóttir S, Steinthorsdóttir V, Manolescu A,  
345 et al. The same sequence variant on 9p21 associates with myocardial infarction, abdominal aortic  
346 aneurysm and intracranial aneurysm. *Nat Genet* 2008;40:217-224.

347 [40] Bethesda, Maryland: National Center for Biotechnology Information. Genes and Disease.  
348 Bookshelf ID: NBK22266.

349 [41] Skaletsky H, Kuroda-Kawaguchi T, Minx PJ, Cordum HS, Hillier L, Brown LG, et al. The male-  
350 specific region of the human Y chromosome is a mosaic of discrete sequence classes. *Nature*  
351 2003;423:825-37.

352 [42] Jobling MA, Tyler-Smith C. The human Y chromosome: an evolutionary marker comes of age. *Nat*  
353 *Rev Genet* 2003;4:598--612.

354 [43] Graves JA, Koina E, Sankovic N. How the gene content of human sex chromosomes evolved. *Curr*  
355 *Opin Genet Dev* 2006;16:219-24.

356 [44] Madaric J, Vulev I, Bartunek J, Mistrik A, Verhamme K, De Bruyne B, et al. Frequency of  
357 abdominal aortic aneurysm in patients >60 years of age with coronary artery disease. *Am J Cardiol*  
358 2005;9: 1214-6.

359 [45] Cardiovascular Disease: Australian Facts 2011. Cardiovascular Disease Series. Canberra, ACT,  
360 Australia Australian Institute of Health and Welfare, 2011.

361 [46] Yusuf S, Hawken S, Ounpuu S, Dans T, Avezwn A, Lanas F, et al. INTERHEART Study  
362 Investigators. Effect of potentially modifiable risk factors associated with myocardial infarction in 52  
363 countries (the INTERHEART study): case-control study. *Lancet* 2004;364:937-52.

364 [47] Higgins CD, Swerdlow AJ, Schoemaker MJ, Wright AF, Jacobs PA, UK Clinical Cytogenetics  
365 Group. Mortality and cancer incidence in males with Y polysomy in Britain: a cohort study. *Hum Genet*  
366 2007;121:691-96.

367 [48] Shanker RR, Charchar FJ, Eckert GJ, Saha C, Tu W, Dominiczak AF, et al. Studies of an association  
368 in boys of blood pressure and the Y chromosome. *Am J Hypertens* 2007;20:27-31.

369 [49] Charchar FJ, Tomaszewski M, Lacka B, Zakrzewski J, Zukowska-Szzechowska E, et al.  
370 Association of the human Y chromosome with cholesterol levels in the general population. *Arterioscler*  
371 *Thromb Vasc Biol* 2004;24:308--12.

372 [50] Charchar FJ, Tomaszewski M, Padmanabhan S, Lacka B, Upton MN, Inglis GC, et al. The Y  
373 chromosome effect on blood pressure in two European populations. *Hypertension* 2002;39:353-56.

374 [51] Ellis JA, Stebbing M, Harrap SB. Association of the human Y chromosome with high blood  
375 pressure in the general population. *Hypertension* 2000;36:731-33.

376 [52] Charchar FJ, Tomaszewski M, Strahom P, Champagne B, Dominiczak AF. Y is there a risk to  
377 being male? *Trends Endocrinol Metab* 2003;14:163--68.

378 [53] Ely D, Underwood A, Dunphy G, Boehme S, Turner M, Milsted A. Review of the Y chromosome,  
379 Sry and hypertension. *Steroids* 2010;75:747-53.

380 [54] Charchar FJ, Bloomer LD, Barnes TA, Cowley MJ, Nelson CP, Wang Y, et al. Inheritance of  
381 coronary artery disease in men: an analysis of the role of the Y chromosome. *Lancet* 2012;379:915-922.

382 [55] Y Chromosome Consortium. A nomenclature system for the tree of human Y-chromosomal binary  
383 haplogroups. *Genome Res* 2002;12:339--348.

384 [56] Bloomer LD, Nelson CP, Eales J, Denniff M, Christofidou P, Debiec R, et al. Male-specific region  
385 of the Y chromosome and cardiovascular risk. *Arterioscler Thromb Vasc Biol* 2013;33: 1722-1727.

- 386 [57] Mortensen BK, Rasmussen AH, Larsen ME, Larsen MV, Lund O, Braendstrup P, et al.  
387 Identification of a novel UTY-encoded minor histocompatibility antigen. *Scand J Immunol*  
388 2012;76:141-50.
- 389 [58] Thieme S, Gyarfás T, Richter C, Ozhan G, Fu J, Alexopoulou D, et al. The histone demethylase  
390 UTX regulates stem cell migration and hematopoiesis. *Blood* 2013; 121:2462-2473.
- 391 [59] Welstead GG, Creighton MP, Bilodeau S, Cheng AW, Markoulaki S, Young RA, et al. X-linked  
392 H3K27me3 demethylase Utx is required for embryonic development in a sex-specific manner. *Proc Natl*  
393 *Acad Sci USA* 2012;109:13004--9.
- 394 [60] Soehnlein O, Swirski FK.. Hypercholesterolemia links hematopoiesis with atherosclerosis. *Trends*  
395 *Endocrinol Metab* 2013;24:129-136.
- 396 [61] Eriksson EE. Leukocyte recruitment to atherosclerotic lesions, a complex web of dynamic cellular  
397 and molecular interactions. *Curr Drug Targets Cardiovasc Haematol Disord* 2003;3:309-325.
- 398 [62] Wang C, Lee JE, Cho YW, Xiao Y, Jin Q, Liu C, et al. UTX regulates mesoderm differentiation of  
399 embryonic stem cells independent of H3K27 demethylase activity. *Proc Natl Acad Sci U S A*  
400 2012;109:15324--15329.
- 401 [63] Shpargel KB, Sengoku T, Yokoyama S, Magnuson T. UTX and UTY demonstrate histone  
402 demethylase-independent function in mouse embryonic development. *PLoS Genet* 2012;8:e1002964  
403 doi: 10.1371.
- 404 [64] Greene CS, Krishnan A, Wong AK, Ricciotti E, Zelaya RA, Himmelstein DS, et al. Understanding  
405 multicellular function and disease with human tissue-specific networks. *Nat Genet.* 2015;47:569-76.  
406 doi: 10.1038/ng.3259.
- 407 [65] Suto J, Satou K. Effect of the Y chromosome on plasma high-density lipoprotein-cholesterol levels  
408 in Y-chromosome-constitutive mouse strains. *BMC Res Note* 2014;7:393.

409

410

411



412 Table

413

414 Table 1: Genome Wide Association Study (GWAS) genes found to be involved in CAD.

415

Chromosome	Location	Gene Name	Full Name	Gene Function
Chr 1	1p13	<i>SORT1</i>	Sortilin 1	Sorting receptor in Golgi compartment
	1p13	<i>PSRC1</i>	Proline/serine-rich coiled-coil 1	Mitosis
	1p21	<i>CELSR2</i>	Cadherin, EGF LAG seven-pass G-type receptor 2	Cell to cell signaling during nervous system formation
	1p32	<i>PPAP2B</i>	Phosphatidic acid phosphatase type 2B	Conversion of phosphatidic acid to diacylglycerol
	1p32	<i>PCSK9</i>	Proprotein convertase subtilisin/kexin type 9	Regulating plasma cholesterol homeostasis
	1q21	<i>IL6R</i>	Interleukin-6 receptor	Regulation of the immune response, hematopoiesis
	1q21	<i>AQP10</i>	Aquaporin 10	Water-selective channel
	1q41	<i>MIA3</i>	Melanoma inhibitory activity family 3	Loads COL7A1 at endoplasmic reticulum exit sites
	1q43	<i>FMN2</i>	Formin 2	Organization of the actin cytoskeleton and cell polarity
	1q44	<i>OR13G1</i>	Olfactory receptor 1301	Odorant receptor
Chr 2	2p11	<i>VAMP8</i>	Vesicle-associated membrane protein 8	Autophagosome membrane fusion with lysosome
	2p11.2	<i>YAMP5</i>	Vesicle-associated membrane protein 5	Myogenesis
	2p21	<i>ABCG5</i>	ATP-binding cassette sub-family G (WHITE), member 5	Selective transport of dietary cholesterol
	2p21	<i>ABCG8</i>	ATP-binding cassette sub-family G (WHITE), member 8	Stimulate the excretion of cholesterol and sterols into bile, transport of sterols back into the intestinal lumen
	2p24	<i>APOB</i>	Apolipoprotein B	Binding and internalization of LDL particles
	2q13	<i>IL1F10</i>	Interleukin 1 family, member 10 (theta)	Regulate adapted and innate immune responses
	2q22	<i>ZEB2</i>	Zinc finger E-box binding homeobox 2	Transcriptional inhibitor
	2q33	<i>WDR12</i>	WD repeat domain 12	Cell cycle progression, signal transduction, apoptosis
Chr 3	3q22	<i>MRAS</i>	Muscle RAS oncogene homolog	Cell growth and differentiation
Chr 4	4q22	<i>ABCG2</i>	ATP-binding cassette sub-family G (WHITE), member 2 (Junior blood group)	Xenobiotic transporter which may play a major role in multi-drug resistance
	4q31	<i>EDNRA</i>	Endothelin receptor type A	Associated with G proteins
	4q32	<i>GUCY1A3</i>	Guanylate cyclase 1, soluble, alpha 3	Conversion of GTP to 3',5'-cyclic GMP and Diphosphate
	4q32.3	<i>PALLD</i>	Palladin, cytoskeletal associated protein	Organization of the actin cytoskeleton
	4q32.3	<i>RPL9P16</i>	Ribosomal protein L9 pseudogene 16	Unknown

Chr 5	5q14.1	AP3B1	Adaptor-related protein complex 3, beta 1 subunit	Organelle biogenesis
	5q31	SLC22A4	Solute carrier family 22 (organic cation/Zwitterion transporter), member 4	Organic cation transporter and plasma integral membrane protein
Chr 6	6p21	KCNK5	Potassium channel, two pore domain subfamily K, member 5	Renal potassium channel
	6p21.3	NFKBIL1	Nuclear factor of kappa light polypeptide gene enhancer in B-cells inhibitor-like 1	Unknown
	6p21.3	DDX39B	DEAD (Asp-Glu-Ala-Asp) box polypeptide 398	Splicing factor
	6p21.31	ANKSJA	Ankyrin repeat and sterile alpha motif domain containing 1A	Controls cell migration and neurite retraction through regulation of EphA8 receptor tyrosine kinase signaling
	6p21.33	MCCDI	Mitochondrial coiled-coil domain 1	Unknown
	6p21.33	SNORD117	Small nucleolar RNA, C/D box 117	Unknown
	6p21.33	RPL15P4	Ribosomal protein L15 pseudogene 4	Unknown
	6p21.33	LOC100287329	Uncharacterized LOC100287329	Unknown
	6p24	PHACTR1	Phosphatase and actin regulator 1	Reorganization of actin skeleton
	6p24.1	ADTRP	Androgen-dependent TFPI-regulating protein	Regulates the cell expression and the activity of the inhibitor TFPI in endothelial cells (in vitro)
	6q22	ROSI	ROS proto-oncogene 1	Growth or differentiation factor receptor
	6q23.2	TCF21	Transcription factor 21	Epithelial-mesenchymal interactions in kidney and lung morphogenesis
	6q25	LPA	Lipoprotein Lp(a)	Inhibits the activity of tissue-type plasminogen activator I
	6q25.1	MTHFDIL	Methylenetetrahydrofolate dehydrogenase (NADP+ dependent) 1-like	Synthesis of tetrahydrofolate (THF) in the mitochondrion
	6q25.3	SLC22AJ	Solute carrier family 22 (organic cation transporter), member 3	Plasma integral membrane protein
	6q26	PLG	Plasminogen	Dissolves fibrin in blood clots and performs as a proteolytic factor in processes such as embryonic development, tissue remodeling, tumour invasion, and inflammation
6q26	LPAL2	Lipoprotein, Lp(a)-like 2, pseudogene	Similar to Lp(a) but they are candidates for nonsense-mediated decay	
Chr 7	7p21.1	HDAC9	Histone deacetylase 9	Transcriptional regulation, cell cycle progression, and developmental events
	7q22	COGS	Component of oligomeric golgi complex 5	Normal Golgi function
	7q22.3	BCAP29	B-cell receptor-associated protein 29	Transport of membrane proteins from the endoplasmic reticulum to the Golgi
	7q32.2	ZCJHCJ	Zinc finger, C3HC-type containing 1	Regulates the onset of cell division

Chr 8	8p22	<i>LPL</i>	Lipoprotein lipase	Triglyceride hydrolase and ligand/bridging factor for receptor-mediated lipoprotein uptake
	8q24	<i>TRIB1</i>	Trbbles pseudokinase 1	Interacts with MAPK kinases and regulates activation of MAP kinases
Chr 9	9p21	<i>CDKN2B-AS1 (ANRJL)</i>	CDKN2B antisense RNA 1	RNA molecule leading to epigenetic silencing
	9q33	<i>TNC</i>	Tenascin C	Encodes an extracellular matrix protein
	9q34	<i>ABO</i>	ABO blood group (transferase A, alpha 1-3-N-acetylgalactosaminyltransferase ; transferase B, alpha 1-3-galactosyltransferase)	Protein basis for blood grouping
	9q34	<i>AGPAT1</i>	1-acylglycerol-3-phosphate 0-acyltransferase 2 (lysophosphatidic acid acyltransferase, beta)	Converts lysophosphatidic acid to phosphatidic acid
	9q34	<i>EGFL7</i>	EGF-like-domain, multiple 7	Codes for a secreted endothelial cell protein that contains two epidermal growth factor-like domains
Chr 10	10p11	<i>KIAA1462</i>	KIAA1462	Cell adhesion
	10q11	<i>CXCL12</i>	Chemokine (C-X-C motif) ligand 12	Embryogenesis, immune surveillance, inflammation response, tissue homeostasis
	10q23	<i>IFIT6P</i>	Interferon-induced protein with tetratricopeptide repeats 6	Unknown
	10q23	<i>LIPA</i>	Lipase A, lysosomal acid, cholesterol esterase	In the lysosome to catalyze the hydrolysis of cholesteryl esters and triglycerides
	10q24	<i>CYP17A1</i>	Cytochrome P450, family 17, subfamily A, polypeptide 1	Produces progestins, mineralocorticoids, glucocorticoids, androgens, and estrogens
	10q24	<i>CNNM2</i>	Cyclin and CBS domain divalent metal cation transport mediator 2	Magnesium homeostasis. Mutations are associated with renal hypomagnesemia
Chr 11	11q22	<i>PDGFD</i>	Platelet derived growth factor D	Cell proliferation, cell migration, survival and chemotaxis. Involved in wound healing. Induces macrophage recruitment, increased interstitial pressure, and blood vessel maturation during angiogenesis
	11q23	<i>APOA1</i>	Apolipoprotein A-I	Reverse transport of cholesterol from tissues to the liver
	11q23	<i>ZNF259</i>	Zinc finger protein ZPR1	Signaling molecule that communicates proliferative growth signals from the cytoplasm to the nucleus
Chr 12	12p13	<i>PRHI</i>	Proline-rich protein Haem subfamily 1	Provide protective and reparative environment for dental enamel
	12p13	<i>PRR4</i>	Proline rich 4 (lacrimal)	Involved in protective functions in the eye
	12p13	<i>TAS1R50</i>	Taste receptor, type 2, member 50	Mediate the perception of bitterness through a G protein-coupled second messenger pathway
	12q24	<i>ALDH2</i>	Aldehyde dehydrogenase 2	Encodes a mitochondrial isoform

	12q24	<i>BIUP</i>	BRCA I associated protein	Regulates nuclear targeting by retaining proteins with anuclear localization signal in the cytoplasm.
	12q24	<i>HNFI</i>	HNFI homeobox A	Transcription factor
	12q24	<i>SH2B3</i>	SH2B adapter protein 3	Negative regulator of cytokine signaling. Plays a critical role in hematopoiesis
Chr 13	13q12	<i>FLT1</i>	Vascular endothelial growth factor receptor 1	Embryonic vasculature development, angiogenesis regulation, cell survival and migration, macrophage function, chemotaxis
	13q34	<i>COL4A1</i>	Collagen alpha-1 (OV) chain	Inhibits angiogenesis
	13q34	<i>COL4A2</i>	Collagen alpha-2 (OV) chain	Inhibits angiogenesis, tumour growth, proliferation and migration of endothelial cells, reduces mitochondrial membrane potential, induces apoptosis
Chr 14	14q24-31	<i>CALML1</i>	Calmodulin 1 (phosphorylase kinase, delta)	Regulates centrosome cycle and progression through cytokinesis
	14q32	<i>HHIPL1</i>	HHIP-like 1	Carbohydrate metabolic process
Chr 15	15q22	<i>SMAD3</i>	SMAD family member 3	Transforms growth factor-beta, involved in the regulation of carcinogenesis
	15q25	<i>ADAMTS7</i>	ADAM metalloproteinase with thrombospondin type 1 motif, 7	Degradation of COMP
	15q26	<i>FURIN</i>	FURIN (paired basic amino acid cleaving enzyme)	Codes for atype I membrane bound protease
Chr 16	16q23	<i>CDH13</i>	Cadherin 13	Negative regulator of axon growth during neural differentiation. Protects vascular endothelial cells from apoptosis due to oxidative stress
Chr 17	17p11	<i>PEMT</i>	Phosphatidylethanolamine N-methyltransferase	Converts phosphatidylethanolamine to phosphatidylcholine by sequential methylation in the liver
	17p11	<i>RAI1</i>	Retinoic acid-induced protein 1	Transcriptional regulator of circadian clock components
	17p11	<i>RASD1</i>	Dexamethason-induced Ras-related protein 1	Alterations in cell morphology, growth and cell-extracellular matrix interactions
	17p13	<i>CLUH</i>	clustered mitochondria (cluA/CLU1) homolog	Regulates transport or translation of transcripts close to mitochondria
	17p13	<i>SMG6</i>	SMG6 nonsense mediated mRNA decay factor	Replication and maintenance of chromosome ends. Telomere regulation. Nonsense-mediated mRNA decay
	17q21	<i>GIP</i>	Gastrin inhibitory polypeptide	Potent stimulator of insulin secretion, poor inhibitor of gastric acid secretion
	17q21	<i>HAP1</i>	Huntingtin-associated protein 1	Codes for a protein that interacts with huntingtin, two cytoskeletal proteins, and a hepatocyte growth factor-regulated tyrosine kinase substrate
	17q21	<i>UBE2Z</i>	Ubiquitin-conjugating enzyme E2Z	Signalling pathways and apoptosis

Chr 19	19p13	<i>LDLR</i>	Low-density lipoprotein receptor	Binds and transports LDL
	19p13	<i>ZNF627</i>	Zinc finger protein 627	Transcriptional regulation
	19p13	<i>SMARCA4</i>	SWI/SNF related, matrix associated, actin dependent regulator of chromatin. subfamily a, member 4	Binds to BRCA1 and regulates the expression of the tumorigenic protein CD44
	19q13	<i>APOE</i>	Apolipoprotein E	Mediates the binding, internalization, and catabolism of lipoprotein particles. Serves as a ligand for the LDL and apo-E receptors in hepatic tissues
	19q13	<i>HNRNPUL1</i>	Heterogeneous nuclear rribonucleoprotein U-like 1	Involved in nucleocytoplasmic RNA transport
Chr 21	21q22	<i>KCNE2</i>	Potassium voltage-gated channel subfamily E member 2	Modulates the gating kinetics and enhances stability of the potassium channel complex
Chr 22	22q12	<i>SEZ6L</i>	Seizure related 6 homolog (mouse)-like	Endoplasmic reticulum functions in neurons

416

417

418

419

420

421

422

423

424

425

426

427

428

429

430

431

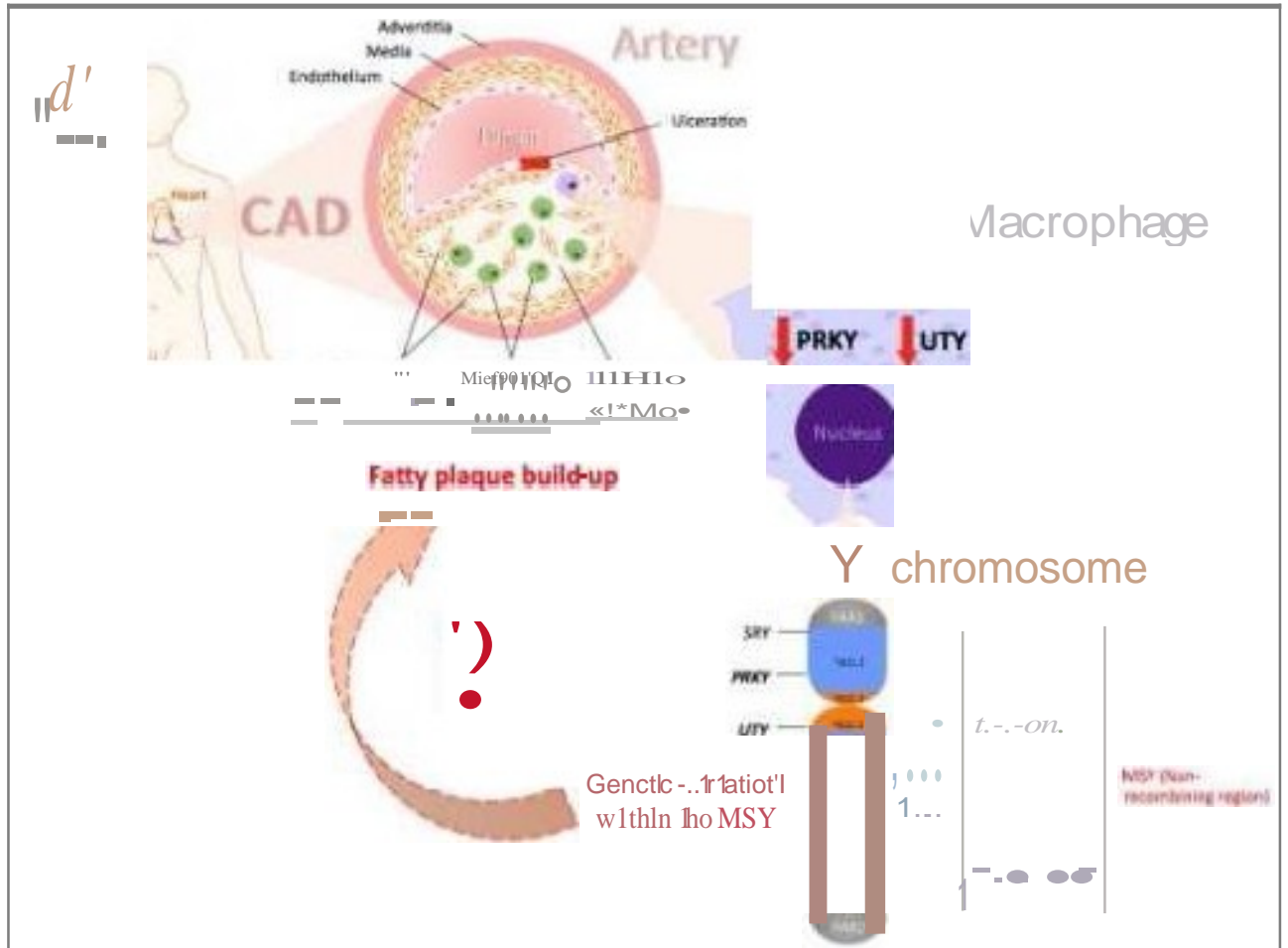
432

433

434 -.....

435

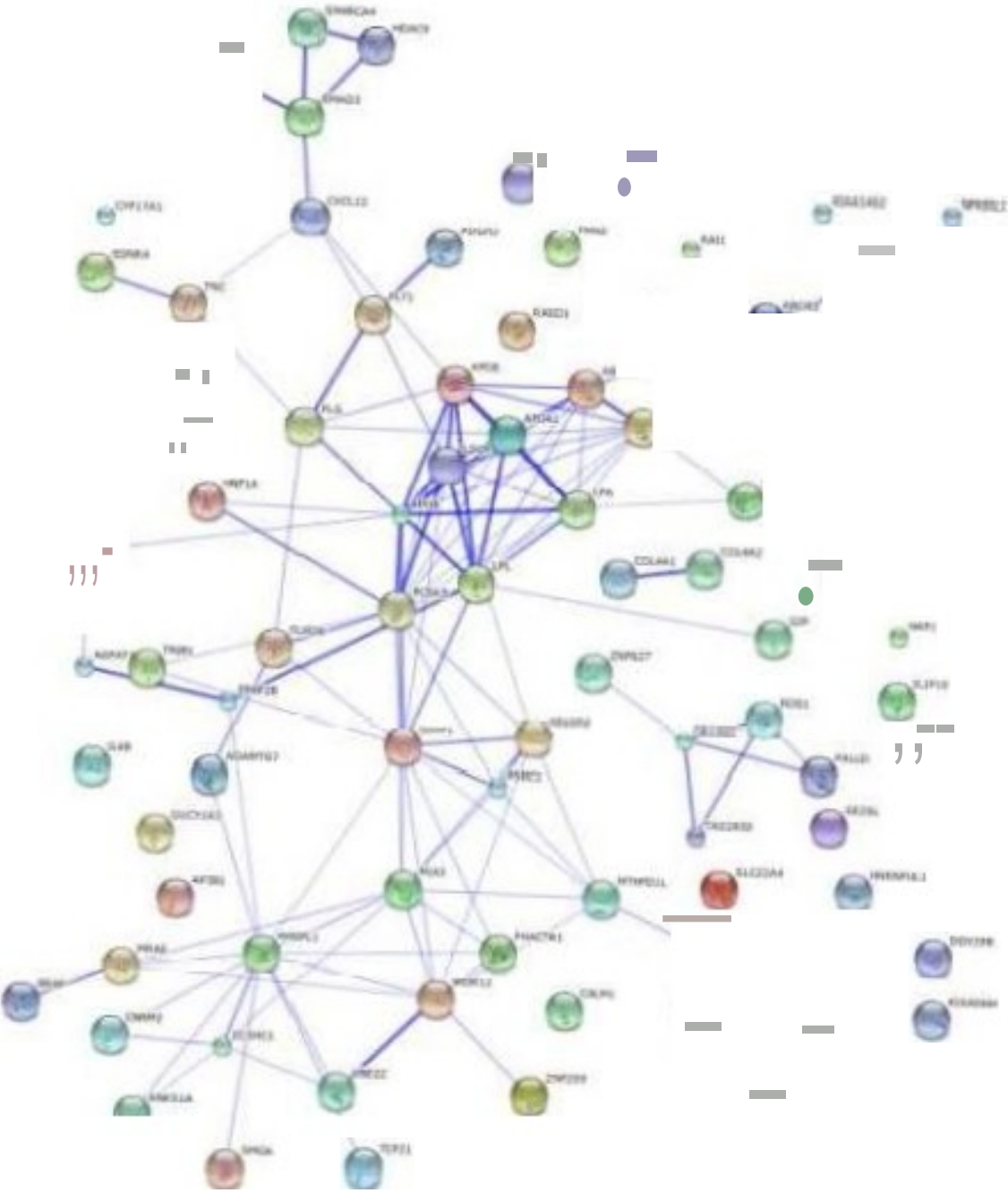
436 IlpNA



437

438

441



450 --C

4S1

451 

453

454

45'

456

4S7

451

459

460

'461

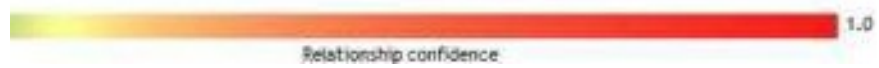
461

463

464

46'

...



466

4B1

461

4\$

410

471

472

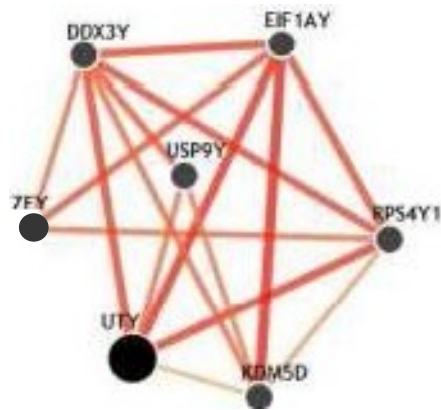
473

474

47S

476

4T1





478 Figure Legends

479

480 Figure A: Schematic diagram of hypothetical links between a genetic variation within the MSY  
481 and the fatty plaque build-up in CAD.

482 Independent of traditional risk factors, a genetic variation within the male-specific region of the human  
483 Y chromosome (MSY) results in a downregulation of two genes: ubiquitously transcribed  
484 tetratricopeptide repeat, Y-linked gene (UTY) and protein kinase, Y-linked, pseudogene (*PRKY*) in  
485 macrophages of men with haplogroup I.1b1 triggers an endothelial dysfunction resulting macrophages  
486 migrating to the intima, and the release of cytokines and growth factors which further leads to smooth  
487 muscle cells migrating to the intima and proliferating. Also, LDL particles travelling through the blood  
488 pass through the endothelium and become oxidized. Then, macrophages absorb the oxidised-LDL,  
489 which forms specialized foam cells, which grow and then rupture, depositing a greater amount of  
490 oxidized-LDL into the artery wall.

491 SRY: sex-determining region of the Y chromosome.

492 Regions of the human Y chromosome: AZFa, azoospermia factor a; AZFb, azoospermia factor b; AZFc,  
493 azoospermia factor c; PARI, pseudo-autosomal region I; PAR2, pseudo-autosomal region 2.

494

495 Figure B: Protein-protein interaction network generated from GWAS protein-coding genes  
496 involved in CAD.

497 This network was generated using STRING (*Search Tool for the Retrieval of Interacting Genes/Protein*)  
498 database version 10.0 (<http://string.embl.de>) and represents the protein-protein interactions from the 86  
499 GWAS protein-coding genes found to be involved in CAD (Table 1). The interactions include direct  
500 (physical) and indirect (functional) associations derived from genomic context, high-throughput  
501 experiments, co-expression, and literature mining. Stronger associations are represented by thicker lines.

502

503 Figure C: UTY functional predicted interaction partners network in the macrophages.

504 This network was generated using GIANT (*Genome-scale Integrated Analysis of gene Networks in*  
505 *Tissues*) webserver (<http://giant.minceton.edu/>) and represents the predicted 6 protein-coding genes  
506 most tightly connected to *UTY* in macrophages. Edge thickness correspond to edge strength.

507

508